

Schedule for the week of: July 20, 2020 – July 24, 2020



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Zoom Meeting ID: 495 210 9337

**Monday:**

11AM – Mindfulness with Michelle

1PM – Sports Spelling Bee Challenge with Huma

2PM – Sports Coloring and Conversation with Kieva and Pragna  
(materials: five facts about sports, coloring page and coloring utensils, such as markers or crayons or colored pencils – coloring pages attached to this email)

6PM – Crafting with Jinal (Bicycle Pencil Stand - materials: paper, wooden dowels, and glue)

**Tuesday:**

11AM – Mindfulness with Huma

1PM – Drawing with Michelle (materials: paper, pencil and eraser)

2PM – Crafting with Jinal (Mini Skateboard – materials: crafting sticks, cotton balls, toothpicks, paper, decorating items, glue, scissors, and markers/colored pencils/crayons)

6PM – Sports Bingo with Shamlee (cards attached to this email – please do not feel you have to print all cards – print ONLY 3 or 4)

### Wednesday:

11AM – Mindfulness with Kieva and Pragna

1PM – Bowling with Michelle (materials: ten plastic cups and a medium-sized ball)

2PM – Paper Crafts with Huma (materials: paper plates, crayons/markers/colored pencils and other decorating items)

6PM –Sports Hangman with Kieva and Pragna

### Thursday:

11AM – Mindfulness with Jinal

1PM – Building A Game with Kieva and Pragna (materials: three cardboard boxes, small balls, pencils and scissors)

2PM – Pattern Blocks with Shamlee (week 5 – materials: attached to this email)

6PM – Mini Basketball DIY with Michelle (materials: a cereal box, a plastic cup, colored or white paper, colored markers, glue or tape, and a small ball - it could be a paper ball)

## Friday :

11AM – Mindfulness with Michelle

1PM – Crafting with Jinal (materials: crafting sticks, paper, buttons, glue, scissors, and markers/colored pencils/crayons)

2PM – Sports Trivia/Puzzle Games with Huma