**PCS-CEA Schedule for week of January 30th, 2023**

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| **Time** | **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  |
| **10am** | **Wellness/Check In**Social & Personal Dev.(Anna) Zoom# 1 | **Crafting**Social & Personal Dev.(Anna) Zoom# 1Or **Yoga**Wellness(Amy J) Zoom# 2  | **World Studies**Independent Life Skills(Eve) Zoom# 1Or**Dance**Wellness(Diane) Zoom# 2 | **Feelings Check In**Wellness(Anna) Zoom# 1Or**Yoga**Wellness(Prerna) Zoom# 2 | **Art**Social & Personal Dev.(Shumnay) Zoom# 1Or**Newsletter**Social & Personal Dev.Independent Life Skills(Anna) Zoom# 2 |
| **11am** | **Money Management**Social & Personal Dev.Independent Life Skills(Eve/Shumnay)Zoom# 1 | **Cooking**Independent Life Skills(Edgar) Zoom# 1Or**Art**Social & Personal Dev.(Amy J) Zoom# 2 | **Music**Social & Personal Dev.(Tony) Zoom# 1 | **Cooking**Independent Life Skills(Kathy) Zoom# 1Or**Art** Social & Personal Dev.Shumnay & Anna Zoom# 2 | **Dance**Wellness(Eve) Zoom# 1or**CEA Cares**Independent Life Skills(Dominique) Zoom# 2 |
| **12pm** | **Lunch** Zoom# 1 | **Lunch** Zoom# 1 | **Lunch** Zoom# 1 | **Lunch** Zoom# 1 | **Lunch** Zoom# 1  |
| **1pm** | **Drama & Cinema**Social & Personal Dev.(Eve) Zoom# 1Or**Fitness Fun**Wellness(Diane) Zoom# 2 | **Music**Social & Personal Dev.(Tony) Zoom# 1Or**Community Integration**Independent Life Skills | **Cartooning**Social & Personal Dev.(Dan) Zoom# 1Or**Community Integration**Independent Life Skills | **Book Club**Independent Life Skills(Eve) Zoom# 1Or**Dance**Wellness(Dominique) Zoom# 2 | **Music**Social & Personal Dev.(Tony) Zoom# 1  |
| **2pm** | **Music**Social & Personal Dev.(Tony) Zoom# 1 | **Bingo** Independent Life Skills(Eve) Zoom# 1 | **Photo Forum**Social & Personal Dev.(Tony) Zoom# 1or**Chair Yoga**Wellness (Prerna) Zoom# 2 | **Music**Social & Personal Dev.(Tony) Zoom# 1 | **Fun Friday!**Social & Personal Dev.(Eve) Zoom# 1 |

**ZOOM 1 MEETING ID = 758 838 9566 ZOOM 2 MEETING ID = 430 968 3094**

**COMMUNITY INTEGRATION ROTATIONS, WEATHER PERMITTING**