**PCS-CEA Schedule for week of January 30th, 2023**

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| --- | --- | --- | --- | --- | --- |
| **Time** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **10am** | **Wellness/Check In**  Social & Personal Dev.  (Anna) Zoom# 1 | **Crafting**  Social & Personal Dev.  (Anna) Zoom# 1  Or  **Yoga**  Wellness  (Amy J) Zoom# 2 | **World Studies**  Independent Life Skills  (Eve) Zoom# 1  Or  **Dance**  Wellness  (Diane) Zoom# 2 | **Feelings Check In**  Wellness  (Anna) Zoom# 1  Or  **Yoga**  Wellness  (Prerna) Zoom# 2 | **Art**  Social & Personal Dev.  (Shumnay) Zoom# 1  Or  **Newsletter**  Social & Personal Dev.  Independent Life Skills  (Anna) Zoom# 2 |
| **11am** | **Money Management**  Social & Personal Dev.  Independent Life Skills  (Eve/Shumnay)  Zoom# 1 | **Cooking**  Independent Life Skills  (Edgar) Zoom# 1  Or  **Art**  Social & Personal Dev.  (Amy J) Zoom# 2 | **Music**  Social & Personal Dev.  (Tony) Zoom# 1 | **Cooking**  Independent Life Skills  (Kathy) Zoom# 1  Or  **Art**  Social & Personal Dev.  Shumnay & Anna Zoom# 2 | **Dance**  Wellness  (Eve) Zoom# 1  or  **CEA Cares**  Independent Life Skills  (Dominique) Zoom# 2 |
| **12pm** | **Lunch** Zoom# 1 | **Lunch** Zoom# 1 | **Lunch** Zoom# 1 | **Lunch** Zoom# 1 | **Lunch** Zoom# 1 |
| **1pm** | **Drama & Cinema**  Social & Personal Dev.  (Eve) Zoom# 1  Or  **Fitness Fun**  Wellness  (Diane) Zoom# 2 | **Music**  Social & Personal Dev.  (Tony) Zoom# 1  Or  **Community Integration**  Independent Life Skills | **Cartooning**  Social & Personal Dev.  (Dan) Zoom# 1  Or  **Community Integration**  Independent Life Skills | **Book Club**  Independent Life Skills  (Eve) Zoom# 1  Or  **Dance**  Wellness  (Dominique) Zoom# 2 | **Music**  Social & Personal Dev.  (Tony) Zoom# 1 |
| **2pm** | **Music**  Social & Personal Dev.  (Tony) Zoom# 1 | **Bingo**  Independent Life Skills  (Eve) Zoom# 1 | **Photo Forum**  Social & Personal Dev.  (Tony) Zoom# 1  or  **Chair Yoga**  Wellness  (Prerna) Zoom# 2 | **Music**  Social & Personal Dev.  (Tony) Zoom# 1 | **Fun Friday!**  Social & Personal Dev.  (Eve) Zoom# 1 |

**ZOOM 1 MEETING ID = 758 838 9566 ZOOM 2 MEETING ID = 430 968 3094**

**COMMUNITY INTEGRATION ROTATIONS, WEATHER PERMITTING**